

A close-up photograph of a hand holding a knife, cutting through a dark chocolate cake. The cake is decorated with several strips of golden-brown, crispy bacon arranged in a grid pattern. The background is blurred, showing more of the cake and the hand. The text "Habit Forming" is overlaid in the center in a bold, white font.

Habit Forming



Colossians 4:12 (p.926)

that you may stand mature and fully assured in all the will of God.

Ephesians 4:14-15 (p.918)

so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. ¹⁵ Rather, speaking the truth in love, we are to grow up in every way into Him who is the head, into Christ.

Ephesians 4:14-15 (p.918)

so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. ¹⁵ Rather, speaking the truth in love, we are **to grow up** in every way into Him who is the head, into Christ.



Ephesians 4:13 (NIV)


until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

Ephesians 4:13 (NIV)

until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of **the fullness of Christ.**


A close-up photograph of a hand holding a large, dark knife, cutting through a dark, textured cake. The cake is decorated with a grid of golden-brown, crispy strips, likely bacon or a similar ingredient. The background is blurred, showing more of the cake and the hand. The text "Spiritual maturity is BEING LIKE JESUS." is overlaid on the image in white and yellow font.

Spiritual maturity is BEING LIKE JESUS.



Galatians 5:22-23 (p. 916)

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,²³ gentleness, self-control; against such things there is no law.



Romans 8:29 (p. 888)

For those whom He foreknew He also predestined
to be conformed to the image of His Son

A close-up photograph of a hand holding a large, dark knife, cutting through a chocolate cake. The cake is decorated with a grid of rectangular strips of orange-colored frosting or filling. The background is blurred, showing more of the cake and the hand. The text "1. It's not AUTOMATIC." is overlaid on the image in white and yellow font.

1. It's not AUTOMATIC.

Hebrews 5:12-13 (NIV)

In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! ¹³ Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness.



2. It's a PROCESS.



2 Peter 3:18 (p. 958)

But grow in the grace and knowledge of
our Lord and Savior Jesus Christ.

A close-up photograph of a hand holding a large, dark knife, cutting through a dark chocolate cake. The cake is decorated with numerous strips of golden-brown, fried bread or croutons, arranged in a grid-like pattern. The background is blurred, showing more of the cake and the hand. The text "3. It takes TIME and DISCIPLINE." is overlaid on the image in white and yellow font.

3. It takes TIME and DISCIPLINE.



1 Timothy 4:7 (p. 933)

Rather train yourself for godliness;



1 Timothy 4:7 (p. 933)

Rather **train** yourself for godliness;



Understanding Discipleship

1. Maturing believers are called **DISCIPLES**.

A close-up photograph of a hand holding a dark knife, cutting through a dark, textured substance. The substance is studded with numerous golden-brown, rectangular pieces that appear to be fried or baked. The background is blurred, showing more of the same substance.

Understanding Discipleship

2. I cannot be a disciple without being **DISCIPLINED.**

A close-up photograph of a hand holding a dark knife, cutting through a dark, textured substance. The substance is studded with numerous golden-brown, rectangular pieces that look like fried bread or crackers. The background is blurred, showing more of the same substance.

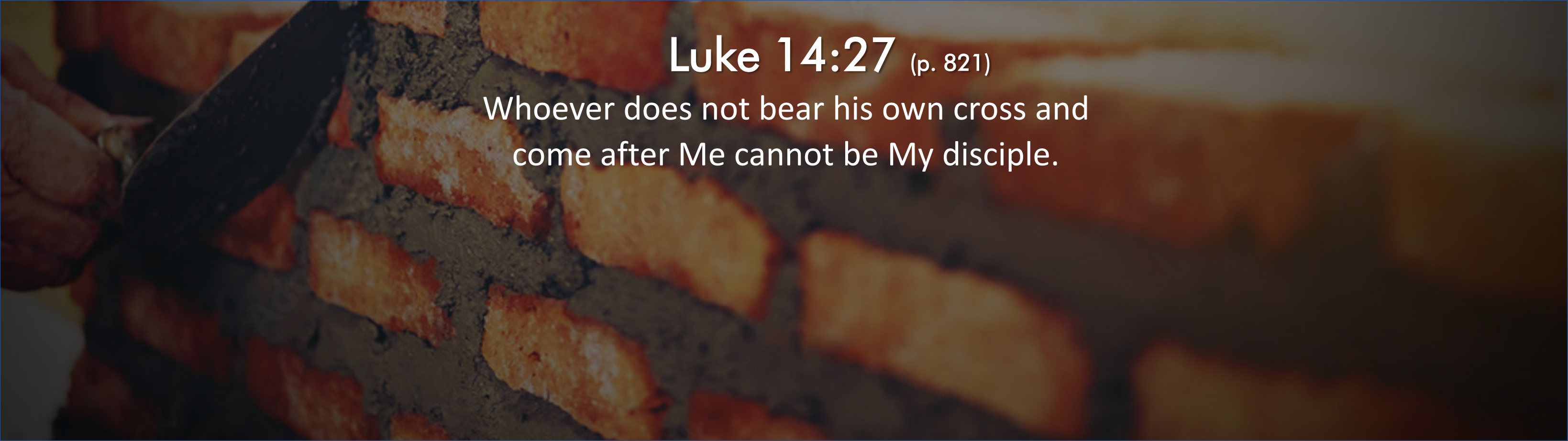
Understanding Discipleship

3. The more disciplined I become, the more God can USE ME.

A close-up photograph of a hand holding a dark wooden cutting board. A knife is being used to slice through a loaf of bread. The bread is golden-brown and appears to be a braided or patterned loaf. The background is blurred, showing more of the bread and the cutting board.

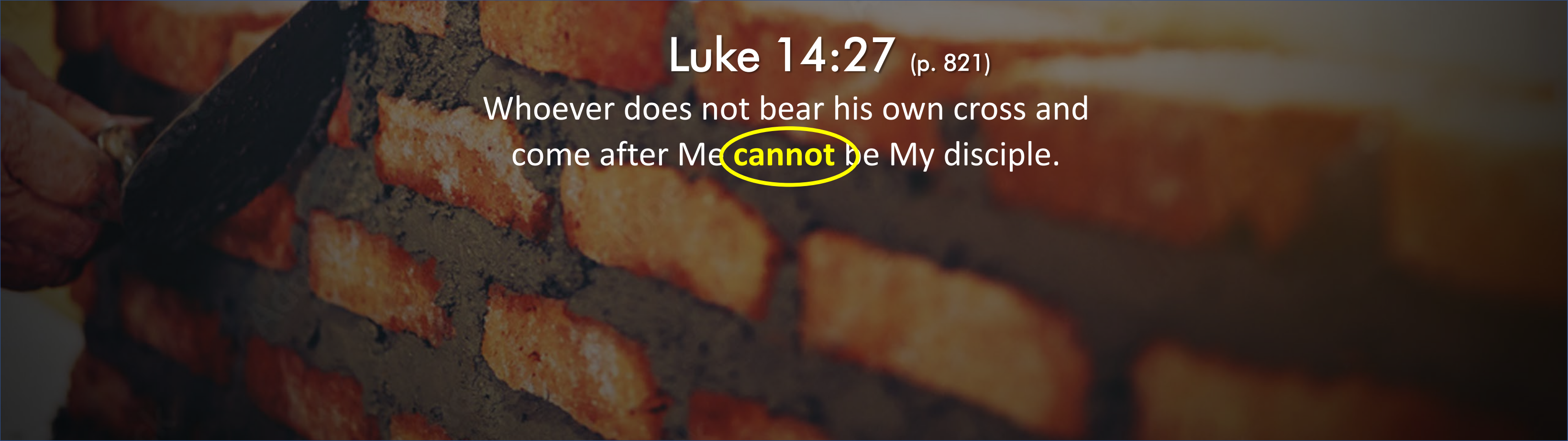
Understanding Discipleship

4. The mark of a disciple is **CROSS-BEARING**.



Luke 14:27 (p. 821)

Whoever does not bear his own cross and
come after Me cannot be My disciple.



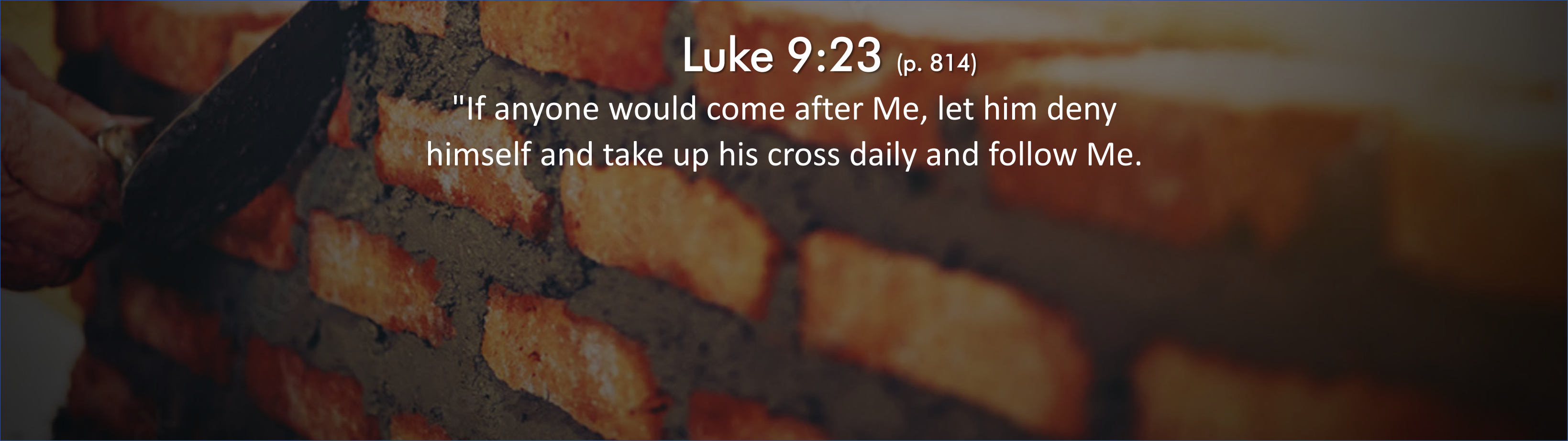
Luke 14:27 (p. 821)

Whoever does not bear his own cross and
come after Me **cannot** be My disciple.



Understanding Discipleship

5. How often am I to do this? DAILY.



Luke 9:23 (p. 814)

"If anyone would come after Me, let him deny himself and take up his cross daily and follow Me.



Understanding Discipleship


6. What is involved in “cross-bearing?”

WHATEVER IT TAKES to give Christ first place in my life!

A close-up photograph of a hand holding a knife, cutting through a loaf of bread. The bread has a dark, textured filling, possibly a chocolate or nut-based spread, and is topped with golden-brown, crispy-looking pieces, likely fried bread or a similar topping. The background is blurred, showing more of the bread and the hand.

How Can I Become A Disciple?

Develop HABITS




Colossians 3:9-10 (p. 925)

Do not lie to one another, seeing that you have put off the old self with its practices ¹⁰ and have put on the new self, which is being renewed in knowledge after the image of its Creator.

Colossians 3:9-10 (GNT)

Do not lie to one another, for you have put off the old self with its habits ¹⁰ and have put on the new self. This is the new being which God, its Creator, is constantly renewing in His own image, in order to bring you to a full knowledge of Himself.

A close-up photograph of a hand using a knife to cut a piece of chocolate. The chocolate has a dark, textured filling and a golden-brown, flaky crust. The background is blurred, showing more of the same chocolate pieces.

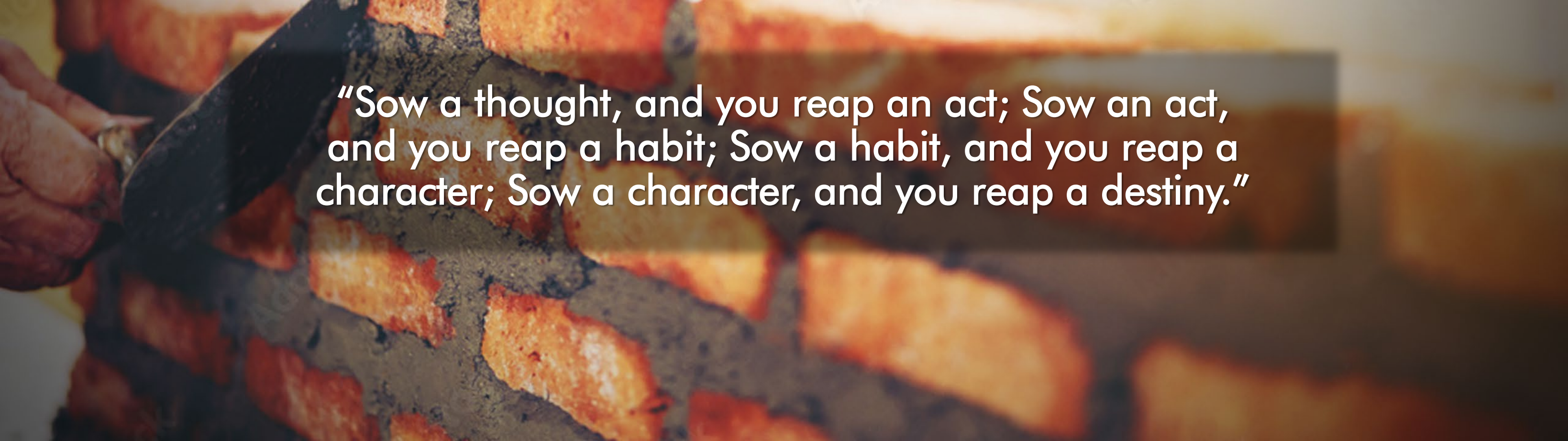
Definition of "Habit"

"A continual, often unconscious inclination to do a certain activity, acquired through frequent repetition."



Definition of “Habit”

“An established disposition of the character.”



“Sow a thought, and you reap an act; Sow an act, and you reap a habit; Sow a habit, and you reap a character; Sow a character, and you reap a destiny.”



Definition of “Habit”

“A customary practice.”